Table Of Contents

For Younger Players	1
Finger Buster In G major	2
Finger Busters	2
Finger Buster In F major	2
Finger Buster In D Harmonic Minor	3
Finger Buster In E Harmonic Minor	3
Finger Buster In A Harmonic Minor	3
Finger Buster In D Melodic Minor	4
Finger Buster In E Melodic Minor	4
Finger Buster In A Melodic Minor	4
Half Scales Major Keys	5
Half Scales Minor Keys	7
Major Half Scales With Their Triad	9
Minor Half Scales With Their Triad	11
Sequential Half Scales Plus Triads	13
One Octave Major Scales And Arpeggios	15
One Octave Harmonic Minor Scales and Arpeggios	17
One Octave Melodic Minor Scales And Arpeggios	19
Semibreves To Demisemiquavers	21
Scales	23
Modal Scales With A Minim At The Top	24
Continuous Modal Scales	25
Scale Challenges	26
Loopy Scale Challenge	26
The Original Scale Challenge	27
Sequential Scale Challenge	28
Triplet-Gigue Scale Challenge	29
Block Scales	30
Intensive Five Note Scale Blitz	32
6/8 Fine Finger Movement	33
9/8 Fine Finger Movement	37
Fibonacci Scale	42
Simplified Fibonacci Scale	43
Building A Scale From The Top	45
Whole Tone Scales	47
1 D 1 C1 1	40
Arpeggios and Broken Chords	48
Building An Arpeggio	49
Repeating Intervals	51
Arpeggio in 3/8	51
Arpeggios by Threes	52
Breaking Up Broken Chords	54
Semiquaver Broken Chords	55
Continuously Expanding Arneggio	56

Diminished Arpeggios and Broken Chords Diminished 7th Arpeggios	57 58
Dominant 7th Arpeggios and Broken Chords	60
Chromatics	62
Chromatic Corners	63
Climbing Chromatics	64
Repeated Semiquaver Blocks	65
Pausing On The Beat	67
Pausing At The Octave	67
Pillar Notes	68
The Four Augmented Triads	69
Octave Leaps	70
Tied Up 9/8 Chromatic	72
6/8 Chromatic By Step	74
Scales In Thirds	76
Rising And Descending Thirds	77
Thirds in Three Four	78
Manageable Blocks By Step	79
Manageable Blocks Ascending and Descending	80
Looping Around	81
Building Up Your Scales In Thirds	82
Scales In Thirds Over The Entire Range	83
Working On Challenging Passages	85
Using Rhythms On A Run	86
Pausing On Each Note	87
Rhythmic Alterations In Compound Time	89
Pausing On Each Note in Compound Time	90
The Backwards Game	93
The Forwards Game	95
Forward Fibonacci Run	97
Backward Fibonacci Run	99
Organising Your Practice	101
Cycle of Fifths	102
Key Of The Week	103
Brushing Your Teeth	105
Charts	106
Everything From A Single Pitch	107